Service





Service

Forest

J.S. Forest

Service

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CARE

Care for your employee

- Stay calm and safe; do not use force
- Actively listen to show understanding & produce relief

Ask your employee

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

Remove potential harm

Remove any means that could be used for self-injury

Escort your employee

- Never leave the employee alone
- Escort to supervisor, health professional, primary care, or LE&I
- Call the National Suicide Hotline at 1-800-273-TALK(8255)

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